



1. TO POLOM HILL

Lenght: 33,4 km

Pitch: + 630 m

Difficulty: moderate

ŽILINA, CHILDREN'S PLAYGROUND IN THE CHRASŤ FOREST PARK – ROSINA – VIŠŇOVÉ – SADDLE – STREČNO – VARÍN – ŽILINA DAM – ŽILINA, CELULÓZKA

Access:

From the town centre – around the hospital to the Bôrická cesta – slightly to the left on the going up Road to Paľová buda (Paul's shed) – along the shed around the area of the University of Žilina, left directly on the main road – from the main road to the right side, to the gate of the children's playground in the Chrasť Forest Park.

From the suburb of Solinky – on the asphalt road starting on last trolley bus stop.

From the suburb of Vlčince – directly to the Rosinská Road and following the road to Rosina.

Route description:

The starting-point is Žilina, Chrasť Forest Park, children's playground (390 AMSL). We go across the children's playground and turn left to the downward road. At the second crossroads we turn right and continue on the road, later on a forest path parallel with Rosinská Road. Then to the Rosinská Road under the pipeline. At the beginning of the village Rosina (373) 1,75 km we turn left and go up across the whole village. At the beginning of the village Višňové, just behind the sign "Višňové" nearby the SAD stop of Slovak Lines (420) 4,8 km, we turn left to the narrower asphalt road passing by a quiet environment among family houses, parallel with the main road. After 1,1 km, there is a possibility to turn right to the church, after next kilometre the asphalt surface comes to the end. We turn left 2,8 km from the sign and come to the crossroads under the lime-trees and cross (520) 7,7 km.

Then turn right following a markedly upward field road, later it becomes more moderate and goes around a small house. After a short downhill road, the road twists to the right side to the Stráňavská Valley. For a while we go down, following the field road over the stream flowing in a deep gorge. At the end of the next slope we go out from the forest to the small meadow. We turn left and follow a short linking path around the barrier to the green marked asphalt road from the village Stráňavy (580) 9,9 km. Follow a long significant climb with two excellent views, on the hill Hoblík (933 m) and deeply into the valley. 800 m after the first view, there is a possibility to fill the stocks with drinkable water from the spring (13 km). Finally, we get to the saddle of Javorina (968) 14,05 km. Before we start going down, we can visit a Partisan Memorial on Polom hill (1025 AMSL) on the left side, following the asphalt road with a good view (0,57 km from the saddle).

From the saddle of Javorina, we are pleased to meet a 7 km long downhill road, first following a red marked forest path to the saddle under Rakytie (712) 16,6 km, from which the red sign turns left to the steeply downward path. We continue the downhill road; go on a good forest path with views into the river Váh Valley, Kysuca Highlands and foothills of Malá Fatra behind, as well. Later on, the castle of Strečno appears among trees, we can visit its ruins soon, on our way downward, closely before the downhill road ends. From the crossroads under the castle on the periphery of the village Strečno (360) 21,2 km, we turn left into the village and go over the footbridge for walkers above the river Váh to the village Nezbudská Lúčka. To the left, following the national road to the village Varín. At the beginning of the village, just behind the bridge above the rivulet Varínka (360) 24,15 km, we turn down left and follow a worse road, under the railway, we come to the barrier and at the beginning of the asphalt road alongside the dam (355) 24,7 km. We turn back to Žilina on the quality asphalt road, usually in the numerous communities of skaters. We pass by the footbridge near the village Mojš (355) 29 km and finally turn down to the national road from the village Mojš in front of the dam wall. Follow this road to the starting crossroads in Žilina-Celulózka (342) 33,4 km.

